Optimist Pre-Sail Checklist

Updated to 2018 class rules

Safety Items (references to 2018 class rules shown in parentheses)
Airbags fully inflated - firm, but not tight (3.2.7.1).
At least three straps on each external bag (3.2.7.3).
Bow line
 At least 8m (or 26'3"). Minimum diameter 5 mm (3/16"). Line must float (4.3(b))
 Secured to mast step ((4.3(b)).
 Bowline knot in the free end of line for towing. No other knots.
 Must not be led through drainage hole in bow rail. Led through a separate loop is OK.
 Coiled and stowed (no locking hitches).
Boom bridle no more than 4" (100 mm) at widest place from boom (3.5.3.8).
Safety shackle on mainsheet boom block. Must be "non-fouling" type.
Stopper knot to prevent mainsheet from coming out of ratchet block.
At least one rigid 3.5 liter bailer (two 1 gallon recommended) tied into boat (4.3(a)).
Daggerboard tied to boat (3.3.4).
Mast secured with tie-in line or mast clamp (3.5.2.11).
Rudder retaining clip (3.4.5.2)
USCG approved life jacket, fully buckled and/or zipped (4.2).
Whistle attached by lanyard to lifejacket (4.2).
Praddle or small paddle (4.3(c)).
Drinking water, sunscreen, sunglasses, hat, footwear, adequate clothing for weather.
Other Class Rule Items:
Sail band within mast band limits (6.6.3.1).
IODA button on sail (2.7.5).
All sail and corner ties within 10mm of mast or boom. None missing. (6.6.3.3, 6.6.3.4)
Unique sail number with proper letter sizes and spacing (6.5.1).
Sail number on rudder, daggerboard, spars (2.7.4).
Performance Items - highly recommended:
All sail and corner ties secured with tight knots.
Mast sail ties adjusted for wind conditions as needed.
Foot of sail can flop from side to side when tacking.
Clew of sail nearly touches boom.
Boom bridle freely led (not bound by sail ties).
Boom preventer (bling line) properly led and adjusted for wind conditions.
Outhaul led 2:1 and adjusted.
Mainsheet led in proper direction thru ratchet block (does it click?).
Tell tales on luff and leach of sail.
Vang adjusted approximately for conditions.
Mast rake checked and adjusted.
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Tiller extension joint inspected.

